

WE ARE AN **OFFICIAL** LOCATION FOR

**READY
SET
DANCE**®



INFORMATION PACK 2024

WELCOME TO GENERATION DANCE



Thank you for choosing Generation Dance for your child's dance education. This info pack provides essential details about our studio and the Ready Set Dance program. If you need any assistance, please contact our friendly staff using the contacts below.

We are thrilled to welcome you to our community!

PHONE:

[0412 089 457](tel:0412089457)

EMAIL RECEPTION:

info@generationdance.net.au

EMAIL PROGRAM LEADER

preschool@generationdance.net.au

WEBSITE:

To ensure you can quickly find the information you're looking for, we recommend checking our easy-to-navigate website. We make it a priority to update the site regularly, making all news easily accessible for our wonderful families.

www.generationdance.net.au

Additionally, we have a private Facebook group named 'Parents of Generation Dance.'

In this group, we share important reminders, and some families even use it as a platform for second-hand uniform exchanges.

www.facebook.com/groups/1312523315542112

Keep reading to learn about our program and how to prepare for your first classes.



WELCOME TO GENERATION DANCE



PROGRAM DATES;

Please note there are no holiday breaks for Pre School classes, classes run through DFE schedule term breaks.

Classes commence: 29th of January, 2024

Class conclude: 15th of December, 2024

Classes will not run over Easter weekend: 30th of March to 1st of April, 2024 (inclusive), however they do run on all other public holidays.

Students are entitled to 4 lessons credit if missing a class due to holiday/absence.

Please see Terms and Conditions on website for full information.

ARRIVING AT THE STUDIO:

Parking

We have a small carpark at the rear of the building, which parents are able to utilise, if there is a park available. Please only park in the designated parking zones. We also have 3 'kiss and drop' parks at the front of the studio, these parks have a 5 minute time limit, however during the hours of 9am to 11am Monday to Friday only, you may park here for the duration of your child's lesson. Please do not leave your car here if you do visit the playground of cafe after your child's class. Otherwise, there is plenty of street parking available.

If you are driving in or around the studio, please be cautious of young children entering and exiting the studio and keep your speed limit to walking pace at all times.

Please try and be at the studio 5 minutes prior to your class start time. This gives the children just enough time to visit the bathroom, put on their dance shoes and say hi to their dance friends. Teachers may come and start their pre class procedure to support a positive start to class.

If you are late, you must knock on the studio door and wait. The class teacher will open the door at an appropriate time when they can introduce your child to the room with minimal disruption.

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WHAT TO BRING:

Throughout the class, teachers will ask students to retrieve personal items from their dance bag, this is a part of our independent learning model.

Students must bring
drink bottle
dance shoes
sticker chart

to their class each week. Ensure all personal items are clearly labelled with first and last name. If left behind they will be placed in the lost property in the dancers' den.

We do NOT allow...
food/snacks
activities/toys/books
School or casual clothes/shoes
inside the dance studio. These are to be left with a parent or in the foyer.

UNIFORM:

If you look like a dancer, you will feel like a dancer!

Parents and caregivers, please assist by ensuring your child follows the correct uniform requirements. This includes wearing genre-specific shoes (dancers must greet their teacher wearing the correct shoes for their first class).

For uniform details, see below:

<https://www.generationdance.net.au/ready-set-dance-uniform>

BAND:

Stay connected with your child's dance journey! Download the 'BAND' app from the app or Google Play store. Scan the code below and select the link corresponding to your class time. Teachers update these pages regularly, providing valuable content for practice at home. There's also a 'BAND for kids' option if your child has their own device.

For BAND details, see below:

https://docs.google.com/document/u/1/d/e/2PACX-1vS8IZULQTITODn9a3yzNCcGfkcrCphsgeBY3o-zjpWevJkoUhpF13Rm8-hkyb8gXO4_j9oJUYPk4Z-w/pub

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MANAGING NERVES AT DANCE CLASS:

Navigating big emotions is a natural part of preschooler experiences, and our teachers are prepared for this, but sometimes it might be too early to be away from mum/dad/carer. We welcome these little ones to our Ready Set Move classes. This is a semester or year long program that aims to make a smooth transition to independence. Let your preschooler familiarise themselves with the space, class structure and teachers who will be at their 'Ready Set Dance' class, all with your support.

That being said, not all tears are negative. Many may signify important moments of growth—tears of learning to ask for help, reluctance to part with a beloved prop, or the nervousness of a first-time experience. Our teachers skillfully employ rewards, redirection, and calming breath exercises to soothe and support dancers through these emotions. Letting your dancer be comforted by our teachers will assist in creating secure attachments with future teachers and peers. Of course, in cases of significant distress or injury, teachers will call for parental assistance...

TIPS FOR SUPPORTING YOUR DANCER AFTER THEIR FIRST CLASS:

As your little one embarks on their dance journey, we want to offer some suggestions to make the experience as enjoyable and comforting as possible, especially if they're feeling a bit nervous:

1. **Create Strong Routines:** Establishing routines can provide a sense of comfort. Consider incorporating a make-believe spa session into the pre-dance routine, making getting ready a fun and exciting part of the day.
2. **Post-Class Adventures:** Make the dance experience even more special by planning a visit to a nearby cafe and playground after class. It becomes a little tradition that adds an extra layer of excitement to their dance day.
3. **Express Pride:** Consistently express how proud you are of them for staying in class, even during moments of big emotions. This positive reinforcement helps build their confidence and creates a positive association with dance.
4. **Ask Positive Questions:** Engage them in positive conversations throughout the week by asking questions like:
 - What was your favorite prop in class?
 - Which song did you enjoy the most?
 - Can you tell me your teacher's name?
 - Describe what the dance room looked like.

These simple steps can contribute to a positive and supportive environment, helping your little dancer feel more at ease and excited about each class.

If you have any specific concerns or if there's anything else we can do to make this experience even more enjoyable, feel free to reach out.

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TOILETING:

We provide two bathrooms for your convenience before class starts. If a preschooler needs to use the restroom during class, the teacher will escort them to the foyer to find their parents. If you are leaving your dancer (because they're toilet trained), please inform our office manager in advance. Our Generation Dance staff is unable to assist with changing nappies. Please ensure that any nappy-related waste is disposed of off-site.

WATCHING CLASSES:

Our experience finds preschoolers are able to concentrate better without the distraction of other noises in the room from parents and other siblings. Our CCTV system allows you to watch your child's class from the comfort of the foyer, ensuring you don't miss any of those precious moments and is a great opportunity to meet like minded parents.

If your dancer can toilet independently (see above), and you wish to take an hour to yourself you're welcome to kiss and go.

READY SET DANCE AND READY SET BALLET ARE PERFORMANCE CLASSES:

Our preschoolers have the opportunity to perform twice throughout the year (for tentative dates, please see preschool program dates on website). While performing in this age group is not compulsory it is heavily encouraged.

Showcase days provide a wonderful opportunity for us to witness the remarkable growth in your child's confidence during their time with us. It's heartwarming to see these little dancers express themselves with such courage and enthusiasm. Even our youngest preschoolers surprise us with their bravery and the joy they bring to the stage. Showcase days become cherished memories for both the dancers and their families, capturing the spirit and progress of each child.

OUR PROGRAMS



READY SET DANCE is a combo class of JAZZ, TAP, HIP HOP, SINGING and MUSIC. Designed for both boys and girls, the program focuses on teaching the fundamentals of dance while developing confidence, coordination and creativity in a professional and safe environment.

JAZZ

Develop muscle strength, control and balance and achieve coordination milestones like skipping before going to school.

HIP HOP

Bust out some ice cold moves just like FREEZE to our original hip hop tracks.

MUSIC

Develop the musical ear, dynamics and tempo while having fun with instruments and the parachute.

SINGING

Sing like TWIRL and build confidence singing on the microphone.

TAP

Learn the fundamentals of tap in a playful and creative way splashing in puddles and shuffling like a penguin.



OUR PROGRAMS



READY SET BALLET is magical ballet experience for 2- 5 year olds where they learn the fundamentals of classical ballet.

MUSIC

Engage in specifically designed music that captures the beauty of classical ballet.

CURRICULUM

Develop coordination, body awareness, strength and flexibility both through visual and auditory instruction.

MIME

Explore creativity and gain confidence by going on a picnic with FREEZE and TWIRL, riding the tutu train to storybook lane and so much more.

THEMED DANCES

Learn the beautifully themed dances that have music prompts to support preschooler's playful participation.

PROPS

Have fun twirling with rainbow ribbons, swaying with feathers and popping bubbles. These resources support tactile awareness and strengthen fine motor coordination and control.



OUR PROGRAMS



READY SET ACRO is a collaborative acrobatic program developed with Industry Leader Acrobatic Arts, specifically designed for preschoolers. It emphasises safe and effective progressions to foster the physical and social skills needed for healthy early childhood development.

The program is developed with original music with lyric cues and focuses on three key components: STRETCH, STRENGTH & SKILLS.

STRETCH:

Enhance flexibility and expand the range of motion in all major muscle groups.

STRENGTH:

Young learners engage in a variety of exercises designed to promote physical strength and control.

SKILLS:

Preschoolers develop social literacy and build confidence while exploring a wide range of AcroDance movements, from basic poses and balances, to more complex hand stands and cartwheels whilst always working at an appropriate level for their skill and experience.

